



COACHING GRADUATE STUDIES

Training for the Graduate Certification
Levels of the International Coach Federation

PCC, Professional Certified Coach
MCC, Master Certified Coach



August - December 2026
Online and at Chateau
Garreau, Cadillac, France



For Whom

Individuals who have completed 60+ hours of basic ICF Coaching Education, Level 1 training - International Coach Federation, and have 50+ hours of coaching experience with multiple individuals or groups. It is also for managers who use coaching in their work.

Application

Graduate studies with Evolvia require a written application. After the evaluation of the application there might be an additional live performance evaluation. To request an application form, email coachtraining@evolvia.is

Emphasis

Creative Methods in Coaching

Creativity is a tool that raises awareness. Coaching is a space for creation. The coach's talents lie in their ability to raise awareness.

Emotional Communication Skills

One of the coaches' tools is emotions. In coaching, we are constantly communicating emotions, often without noticing it. Emotions can give us clues of meaningful information and they can also be tools for awareness awakenings. We use emotions to draw conclusions. Communication skills based on emotional reflections involve sharing emotions, accepting emotional messages and interpretations of emotions.

The Dimension of Possibilities

The dimension of possibilities is a model which describes the ideology and the world of possibilities. The dimension of possibilities comes from a place of courage and foresight. The model is a useful tool for the coach to intertwine positive emotions, mindset and core values.

A Coach is a Mirror for Inspection

A coach is like a mirror. They reflect emotions, thoughts, features and qualities of the coachee with mirroring and feedback. What kind of mirrors are we? Our characteristics as coaches and in our coaching style will be researched and strengthened.

Party for the Senses

Bordeaux is world-famous for its vineyards. Bordeaux is very beautiful, with old palaces, friendly villages, vast vineyards and old oak forests, and it's located close to the shores of the Atlantic Ocean.

Coaching Samples - MCC

We look at different coaching perspectives. We push the coach's boundaries by practicing direct forms of coaching. The teachers demonstrate coaching with coachees, working with personal or challenging subjects.

PCC Reference Training

ICF defines the criteria for the level of PCC. We train the 8 competencies in detail. We use recordings of coaching sessions and we give clear and targeted feedback to the coaches.

Nature and our Surroundings

The created coaching space. How can we evoke effective coaching with the use of nature?

Bohm Dialogue Instructor Training

Bohm dialogue is a subtle approach in human development. In this dialogue, groups have the possibility to enter new paths in communication. Bohm dialogue is a synchronization of the mind and the heart. Participants are able to make new discoveries and create new thoughts in a quiet and mindful manner.

Group Coaching

We practice and develop the coaching skills in group coaching. Group coaching is a powerful way to bring forth valuable properties of each individual within the group. It is interesting to compare Bohm dialogue and group coaching, knowing that both methods benefit the coach.

Château Garreau

The role of the environment. The heart of the study takes place in Château Garreau which is a gorgeous, old vineyard in the province of Bordeaux in Southern France.



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Professional Coaches

Structure of The Training

The training offers a total of 128 hours. ICF Accredited Coaching Education Level 2, including the basic training with Evolvia, 64h. Together with previous Evolvia undergraduate hours, and the even further graduate studies you can gather the sum is a total of 200 hours of teachings with Evolvia to prepare for both ICF, PCC and MCC certification levels.

Online Training

The program begins on the 6th August 2026 with weekly online classes at 5:30 to 7:30pm GMT.

Online classes will run for 9 weeks before France, and 9 weeks after. The last session will be on the 10th of December 2026

PCC Markers Training

Advanced Coach Training includes advanced studies in the ICF Core Competencies and PCC Markers to prepare students for PCC evaluation.

PCC Performance Evaluation

Each student will receive private sessions to polish their core coaching competencies to reach PCC level. Each student will take two PCC performance Evaluation sessions.

Written Feedback

Students will practice giving and receiving feedback on their coaching, and will receive several written feedback forms from trainers aiming to improve their coaching skills.



MCC Sessions

10 recorded sessions of MCC coaching will be available to learn from and study.

Arrival

Arrival is on the 4th of October to Bordeaux airport or train station. From there, we will pick you up.

Departure

You will be dropped off at the airport or train station on the 11th of October.

Recordings

Recordings of online classes are available for one year. Great for reviewing and upgrading skills.

Homework

Make sure you allocate at least 2-4 hours each week for practicing and studying.

Training at Château Garreau

The heart of the Evolvia Graduate Studies in Coaching take place in France at Chateau Garreau in southern France. Dates: 4th - 11th of October



Main instructor

Matilda Gregersdotter, MCC, Master Certified Coach, International Coach Federation, with the assistance of PCC certified teachers.

Included

- ICF Accredited Coaching Education Level 2, instruction from MCC and PCC certified teachers.
- PCC Core Competencies training with PCC Markers.
- Study material, recordings and access to members-only website.
- The book: Sourcebook of Coach History by Vikki Brook.
- Podcast and conference participation.
- Pick-up and drop-off at the train station or Bordeaux airport and all transportation during the stay in France.
- Accommodation in a double room at the Chateau Garreau.
- Food and table wine while in Bordeaux.
- Visits and wine tasting.
- Climbing park admission.
- Possible restaurant visits.

Not Included

- Flight tickets and travel to Bordeaux, France.



Application Process

1. Send an email to request an application form, then fill and send it back. The email address is: coachtraining@evolvia.is

You should receive an answer within a few days.

2. In some cases, a live performance evaluation of your coaching skills may be requested to further assess the application.

3. If your application is accepted, you can proceed to payment, or request a payment arrangement.

4. When the payment or first installment is completed, registration is finalized. Congratulations on your commitment!

Payment

Registration fee is 500 EUR (non-refundable)

Total is 4300 EUR

Payment Arrangements and Discounts

10% discount if registration is completed during the undergraduate term.

An additional 5% discount if the payment is completed at least one month prior to the start date.

Installments

You are welcome to pay monthly installments based on a customized arrangement.



www.evolvia.is/en

www.bordeaux-tourisme.com

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