









# Structure of The Training

The training combined with the previous Evolvia undergraduate education, is a total of 128 hours ICF Accredited Coaching Education Level 2.

This covers the base study hours for PCC certification levels. Performance Evaluation for ACC and PCC are included.

# **Online Training**

The program begins March 6th 2025 with weekly online classes on Thursdays at 5:30 to 7:30pm GMT.

Online classes will run for 10 weeks before France, and 8 weeks after. The last session will be on July 10th.

## **PCC Markers Training**

Advanced Coach Training includes advanced studies in the ICF Core Competencies and PCC Markers to prepare students for PCC evaluation.

#### PCC Performance Evaluation

Each student will receive a private session to polish their core coaching competencies for a PCC level. Each student will receive feedback on recordings for PCC performance Evaluations.

## Written Feedback

Students will practice giving and receiving feedback on their coaching, and will receive several written feedback forms from trainers aiming to improve their coaching skills.



### MCC Sessions

10 recorded sessions of MCC coaching will be available to learn from and study.

## Recordings

Recordings of online classes are available for one year as a source for reviewing and upgrading skills.

#### Homework

Make sure you allocate at least 2-4 hours each week for practicing and studying.

## Training at Château Garreau

The heart of the Evolvia Graduate Studies in Coaching take place in France at Château Garreau in southern France. Dates: May 11th-18th 2025.



#### Arrival

Arrival is on May 11h at the Bordeaux airport or train station. From there, we will pick you up.

# Departure

You will be dropped off at the airport or train station on May 18th.



# Umsjón náms

Matilda Gregersdotter, MCC, Master Certified Coach, International Coach Federation, with the assisstance of PCC accredited teachers.

## Included

- ICF Accredited Coaching Education Level 2.
  Instruction from MCC and PCC certified teachers.
- PCC Core Competencies training with PCC Markers.
- · MCC recorded sessions.
- Study material, recordings and access to members-only website
- The book: Sourcebook of Coach History by Vikki Brook.
- · Podcast and conference participation.
- Pick-up and drop-off at the train station or Bordeaux airport and all transportation during the stay in France.
- · Accommodation in a double room at the Château.
- · Food and table wine while in Bordeaux.
- · Visits and wine tasting.
- · Climbing park admission.
- · Restaurant visit.

#### Not Included

· Flight tickets and travel to Bordeaux, France.











# **Application Process**

1. Send an email to request an application form, then fill and send it back. The email address is: coachtraining@evolvia.is

You should receive an answer within a few days.

- 2. In some cases, a live performance evaluation of your coaching skills may be requested to further assess the application.
- 3. If your application is accepted, you can proceed to payment, or request a payment arrangement.
- 4. When the payment or first installment is completed, registration is finalized.

Congratulations on your commitment!

# **Payment**

Registration fee is 500 EUR (non-refundable)

Total is 4300 EUR

# Payment Arrangements and Discounts

10% discount if registration is completed during the undergraduate term.

An additional 5% discount if the payment is completed at least one month prior to the start date.

# Installments

You are welcome to pay monthly installments based on a customized arrangement.







www.coachtraining.evolvia.is www.bordeaux-tourisme.com www.cadillaccotesdebordeaux.com







